

IPL Consent Form

Name: _____ Date: _____

Have you ever had an IPL treatment? _____ If yes, when? _____

Did you have any adverse reaction? _____

I consent to and authorize Teresa Tandy at Apollo Salon to perform IPL treatments on me. Phototherapy, despite its high levels of efficacy and safety, is not free of side effects. It's important to understand, your first treatment session will be at a more conservative treatment level for the safety of your skin. With subsequent treatments increase treatment energy may be used to increase efficacy, but can also increase the potential of unwanted side effect.

- Ideally we will obtain a treatment level which is ideal for your skin, but we error on the side of safety first: Erythema (redness), edema (swelling) and a mild burning sensation much like sunburn can occur but usually subsides within a few hours.
- Pigmentary changes such as hyper pigmentation (darkening) and hypo pigmentation (lightening) of the skin in the treatment areas can occasionally occur. Most are transient, lasting up to six months, but in rare cases it can be permanent. Pre-existing Dark areas will turn darker and may take several days to flake off.
- Other known but rare complications of this procedure include scarring, keloids, blisters, reddening, bruising superficial crusting, burns, pain, and infections. Any sources of light can active herpetic lesions. If you have a history of viral sores, talk to your physician about prescribing an antiviral medication prior to your IPL treatment.
- There is a known and expected loss of pigmented hair in the treated areas.

Even though appropriate measures are taken to reduce side effects, they cannot be completely eliminated in every case. I understand that the treatment may involve risks of complications or injuries from both known and unknown causes, and I freely assume these risks. There may be other treatment options, such as injections, other types of lasers/light sources or peels. I am choosing this noninvasive treatment for vascular and/or pigment lesions and other indicated skin conditions.

Protective eyewear will be provided to you during the treatment. Eye damage can occur from the light and therefore protective eyewear must be worn during all phototherapy sessions.

Generally, you are not a good candidate for IPL procedures if you are pregnant, nursing or plan to become pregnant while undergoing these treatments. Individuals who have used Accutane within the past six months or who used any medications requiring limited exposure to sunlight are not good candidates for IPL procedures. Individuals with recently tanned skin are advised to delay undergoing the IPL procedures. Those with very dark skin types may be deemed a non-candidate for IPL.

I have read and understand the Pre and Post-Treatment instructions. I agree to follow these instructions carefully. Please call your doctor promptly if complications develop after the procedure. No guarantee, warranty or assurance has been made to me as to the results that may be obtained. I am aware that follow-up treatments may be necessary for desired results. Most patients require several treatments with gradual results occurring over this time. Clinical results will vary. I agree to adhere to all safety precautions and regulations during the treatment.

By signing this Informed Consent, I understand and agree as information contained in this Informed Consent was explained to me using terms I could understand, and all my questions and concerns have been answered. After reviewing all the information provided to me about cosmetic procedures and reviewing my health status, I believe I am a good candidate for the IPL procedure. I understand that IPL is an elective procedure and hereby freely accept all possible risks, complications and side effects that may result from this procedure.

Prior to treatment:

- Avoid all forms of tanning for four to six weeks prior to treatment and after. Spray tanning at least 2 weeks prior.
- Use SPF 30 sunscreen on the area to be treated when outdoors for 6 weeks before treatment and after treatment.
- Discontinue use of any retinol products two weeks prior to treatment.
- Cold sores should be treated and healed before treatment. If you are prone to cold sores, before any facial Laser/IPL treatment you should consult your physician and start taking an antiviral.

Printed Name: _____

Signature: _____ Date: _____