## SKIN CLASSIC HOME CARE

After treatment, it is common to feel irritation as well as see redness on the area treated. Some areas may develop visible dryness and crusting.

If the area continues to feel irritated by the end of the first day, applying a cold dry compress can sooth the skin. \*A clean baggie of frozen peas works well and since the peas defrost quickly here is no chance of frostbite damage.

## **IMPORTANT AFTERCARE TIPS**

- Wash with a gentle cleanser, lightly using fingertips.
- Gently pat dry- No rubbing.
- DO NOT USE TERRY CLOTH Even the softest terry cloth applies too much friction.
- Use gentle moisturizing with SPF 30 or higher, every day.
- Avoid direct sunlight, preferably immediately following the procedure. Other than
  to gently wash the area, do not get treatment areas wet or allow prolonged
  exposure to water. Extended exposure to water may cause the crusts to become
  soggy and slough off too quickly. Crusts form a healing layer on the skin which
  acts like nature's band-aids and improve treatment results. Therefore: wash your
  face at the sink; face away from the nozzle while showing; do not submerge your
  hands in water.
- Crusts will naturally slough off between 5 and 14 days, depending on the individual. Hands may take the entire 14 days.
- Do not use any harsh anti-aging products during the crusting period. ABSOLUTELY NO PICKING OR SCRATCHING treatment area!
- Do not perform or allow to be performed any additional treatment to the area for 30 days: exfoliating, waxing, neurotoxins, fillers, etc.
- After crusts have sloughed off and the skin is smooth, resume your skin regime, as suggested by your therapist.
- Areas may continue to be slightly pink and skin has sloughed, until the area is completely healed.
- Continue to wear sunscreen with SPF 30 or higher-Forever!

If you have questions or concerns, call Teresa Tandy-541/408-632